



THE BEAVERTON CERT NEWSLETTER

A Public Safety Center for Beaverton Bond Measure 34-250

By Mike Stump

The existing building has served Beaverton for decades, but it wasn't built with police and emergency services in mind. It was built as an office space without consideration of keeping victims, minors and the general public separated from criminal offenders present in the building at the same time.

This November, Beaverton will vote on a bond measure to construct a public safety center on city-owned property. Located outside of a flood zone, designed to withstand major earthquakes and to answer the security and technological inadequacies of the current building. All of this without increasing what we pay today for city services.

This measure, Bond Measure 34-250, will not increase residents' bond tax rate because it replaces the Beaverton City Library construction bonds. The rate is about 20 cents per \$1,000 of assessed value. Property owners would continue to pay about \$4.20 per month for property with an assessed value of \$250,000.

Attend an upcoming neighborhood forum to learn about Beaverton's public safety center, offer input and ask questions about this new Public Safety Building for police and emergency management, and meet the city's new

interim police chief. All forums are from 6:30 p.m. to 8 p.m. Presentation and panel discussion begins at 7 p.m. Please plan to attend one or more of the following forums:

- Thursday, Sept. 29 at Sexton Mountain Elementary (15645 SW Sexton Mountain Drive)
- Monday, Oct. 3 at the Beaverton Community Center (12350 SW Fifth Street)
- Thursday, Oct. 13 at the Beaverton Activities Center (12500 SW Allen Blvd)

Or visit the website at - BeavertonOregon.gov/publicsafetycenter

Please take the opportunity to educate and inform your neighbors of the importance of this bond measure. Materials, including hand-outs and yard signs, will be available to assist in getting the word out on Bond Measure 34-250.



Existing building on Griffith Dr.



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Editor: Rachael Wright
Layout: Claudia Steiner-Fricker

PMA IN NPM

By Cathy Crandall

September is National Preparedness Month. But preparation isn't just about finding another gadget to stow in our 72 hour kit. A vital aspect of preparation involves development of a "disaster attitude." What attributes help us not only survive, but be an asset in a disaster? Here are some suggestions:

Creativity and Flexibility

When disaster strikes, "normal" may literally go up in smoke. The ability to adapt will be crucial. If you truly can't live without your hot shower in the morning, you might be in trouble. If the water filter you were counting on is crushed by a falling bookshelf, you may have to improvise. If your generator won't start, you'll have to go to Plan B. Maybe "the way we've always done it" has to drift away in that smoke.

Are we able to look at situations to find unusual solutions? Can we consider ways around an issue or will we get stuck railing at the disorder that the disaster has brought? Will we be able to set aside our anxieties to think through how to get a desired result in a different way?

Acceptance of reality

First, there is nothing we can do to prevent the eventuality of a disaster. If an earthquake (or other disaster) occurs,

it will happen whether you are prepared or not. It will happen whether you are happy about it or not. And it will probably happen at the very most inconvenient time possible.

It is not helpful to become anxious or overly concerned about what is to come. We all have limitations, be they financial, in training or as a result of our life choices. It is essential to balance the risk of disaster with what we can reasonably do to mitigate the effects. Stressing over it doesn't make the situation better.

Second, once disaster strikes, there is no going back to before. Now it's time to deal with what is and how to respond. Accepting change helps us move on.

Relationship building

When we realize and accept our limitations, we also realize we can't do it all. We need to prepare ourselves as much as we reasonably can, but in both physical and mental response, our neighbors will be an asset. Are we

getting to know our neighbors, learning what neighborhood resources might be available and what we can offer to our neighbors? (Hint: Map Your Neighborhood.) As we get to

know the people near us, we may find that our neighbor two doors down has a chain saw and can "think outside the box." Just the idea that we're all in this together will provide some comfort in traumatic situations.

Emergency preparations like storing food are essential, but mental reserves will also go a long way in our response to disaster. "Having a positive mental attitude is asking how something can be done rather than saying it can't be done." (Bo Bennett) Let's work on PMA in NPM!





Beaverton Parade

By Lyndon Moore

Each year the City of Beaverton has the annual Beaverton Day Parade in early September where folks from our community come out and represent their local groups with all kinds of floats and costumes.

This year Beaverton CERT will again be walking in the Beaverton Day Parade on the morning of September 10th. This is a chance to come out and do something non-safety related in our community, proudly wear our vests & Beaverton CERT T-shirts, be recognized, and show our neighbors that we are here to help.

We hand out copious amounts of candy, stickers, and pencils to the kids along the parade route. The route isn't

very difficult to walk and is actually a fairly pleasant stroll.

The route usually starts at Allen Blvd & SW Wilson Ave, snakes through the residential streets behind Beaverton High School, follows 5th past the Beaverton library, and ends where 5th meets Griffith.

The time it takes to walk the route is just over an hour and that goes by very quickly while handing out goodies to the spectators. While we meet up early in the morning to stage at the start (BPD closes down the streets) we are usually done walking the route before noon.

If you are interested in coming to walk in the parade this year, don't mind being on local TV, and have some comfortable walking shoes our sign-up

sheet is online at the Beaverton CERT members event calendar at

<http://www.beavertonoregon.gov/cert>

Did I mention free T-shirts? We still have Beaverton CERT T-shirts in our closet for those walking in the parade. If you haven't earned a T-shirt yet and would like to come walk with us in the parade please send Lyndon an email in advance of the 10th with your preferred shirt size and I'll do my best; otherwise I'll bring what I got in the box on the morning of the parade.

Questions about the parade sign-up can be sent to Lyndon Moore at lmoores@beavertonoregon.gov

September 10 is Parade Day!



By Stan Houseman

Disasters are inevitable. How prepared are you?

The quality of life after an earthquake is dependent on how well prepared you and your neighbors are! Don't miss this educational and hands-on event which will help you and your family prepare for an earthquake or other disaster.

Free! All are welcome! Receive information, visit with experts, attend presentations and enter drawings for emergency supply giveaways.

WHEN:

October 1, 2016

WHERE:

Beaverton's Farmers Market

TIME:

For General Public it's 9:30AM to 1:30PM

CERT will have a booth and need volunteers to staff it. CERT time is 7:30AM to 1:00PM.

Please sign up on the CERT calendar.

Booth questions email: claudiastein-erfricker@gmail.com

Did you know?

A crayon can burn like a candle for up to 30 minutes.



Calendar

Sep. 10 -- Beaverton Parade

Sep. 13 -- Roundtable (Mini-training on Documentation)

Sep. 17 -- CERT Regional Exercise

Oct. 01 -- Beaverton Quake-Up

Oct. 11 -- Roundtable

Oct. 15 -- Training: Rope Techniques

Nov. 08 -- Roundtable

Nov. 19 -- Training (TBD)

Dec. 02 -- Tree Lighting

Dec. 13 -- Roundtable

CERT ID

Remember to always bring your CERT ID to all events and training, and too allow for access into the facility.

Also, always show your ID to the CERT at check-in.

Holiday Potluck

Will be in conjunction with the Tree Lighting on December 2, 2016.



CLOTHES WASHING KIT

Here's a nifty idea you can add to your emergency supplies. This means you might have to store a little extra water, but who wants to put dirty, grimey, yucky clothes back on after you've tended to your personal hygiene. Ew.

Supplies Needed:

- 5-gallon bucket with lid (cut hole in middle of lid for plunger handle to fit through)
- Toilet plunger (brand-new, clean)

Store in bucket:

- Liquid laundry detergent
- Stain remover/stain stick
- Vinegar (add 1/2 cup to rinse water) helps remove soap
- Rope (for clothes line)
- Clothes pins

To Use:

Empty contents of bucket.

Place water, small amount of detergent, and clothes in bucket.

Move plunger up and down for a few minutes or until clothes are clean.

Remove soapy clothes and ring them out.

Dump out soapy water (on your garden or lawn.)

Place soapy clothes in bucket and fill with clear, clean water.

Add 1/2 cup vinegar to rinse water. Move plunger up and down to rinse clothing.

Wring out clothes and hang to dry. Conserve water - use rinse water for next load of laundry.

NOTE: You could store two 5-gallon buckets, stack one inside of the other. Use one bucket for the

soapy water and the other for the rinse water. You may be able to wash and rinse a couple of batches of clothes without changing the

soapy water depending on how dirty the clothes are.

As found on: <http://preparedness-nibblesandbits.blogspot.com>

Beaverton Emergency Management
Mike Mumaw
mmumaw@beavertonoregon.gov
General info: CERT@beavertonoregon.gov

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|---|--------------------------|--|
| General Inquiry/Steering Committee Secretary/Facebook Admin/Gmail Admin/Newsletter Editor | Rachael Wright | CERT.BeavertonOR@gmail.com |
| Steering Committee Chairman | David Bennett | dbennet@beavertonoregon.gov |
| Steering Committee Vice Chairman | Lyndon Moore | lmoore@beavertonoregon.gov |
| Outreach Programs | Claudia Steiner-Fricker | claudiasteinerfricker@gmail.com |
| Beaverton CERT Radio Team | John Hunt, Assitant Lead | k7sii@arrl.net |
| Beaverton CERT Medical Team | Harold Crawford, W-EMT | rharcoldcrawford@gmail.com |
| Training Coordinator | Todd DeBow | todddebowl2@gmail.com |
| Gray Team | Bill & Darlyne O'Dell | bodell22@comcast.net |
| Orange Team | Jerry Burn | teamorangecert@gmail.com |
| Red Team | Ann Skaugset | mckaymom@gmail.com |
| | Stan Houseman | housemanquality@yahoo.com |
| Blue Team | Todd DeBow | todddebowl2@gmail.com |
| Teal Team | Alan Ludlow | alanl6@yahoo.com |

If you'd like to submit a CERT-related article, pictures from recent events, preparedness product review, survival recipe... for the August CERT newsletter, please submit by Sept 25th to Rachael at: CERT.BeavertonOR@gmail.com